

# BABY CAFÉ

## A FREE Breastfeeding Support and Encouragement Group

### **Baby Café offers:**

- Professional lactation specialists.
- Assistance with latching, pumping and increasing or maintaining breast milk supply. With the specialists' training and experience, breastfeeding moms can discuss any concerns or questions.
- A variety of educational topics.
- The opportunity to meet other mothers to share tips and socialize.
- A relaxed and fun atmosphere.

### **Where:**

**Hoxworth Building**  
First Floor, Room 1484  
3130 Highland Ave.  
Cincinnati, Ohio 45219

### **When:**

Every Thursday from 2-3:30 p.m.

Mothers and children are welcome. Mothers are encouraged to bring a water bottle and strollers are permitted.  
For questions or lactation concerns, please call 513-584-5257.

**You are welcome to join us at Baby Café every week or for as long as you need breastfeeding support. Some moms come regularly; others just come when they have a particular question or breastfeeding challenge.**

*For more information call UCMC at 513-584-0564.*

